

# YOGA CLASSES

## **Tuesdays**

9:00 AM-10:15 AM

5:30 PM-6:45 PM (starts March 6th)

Woodlawn Arts Academy

## **Wednesdays**

10:30 AM-11:40 AM Restorative Yoga

Woodlawn Arts Academy

5:30 PM-6:45 PM

The Next Picture Show Gallery

## **Thursdays**

9:00 AM -10:15 AM

5:30 PM-6:45 PM (starts March 6th)

Woodlawn Arts Academy

\$10 a class, or 10 for \$90, Drop-ins allowed

Yoga Mats and Props Provided, All Levels Welcome

Classes are taught by Moira OKeefe [www.askayogi.byregion.net](http://www.askayogi.byregion.net)

The Next Picture Show Gallery is located at 113 W. 1st St.,

Dixon, IL

Woodlawn Arts Academy is located at 3807 Woodlawn Rd.,

Sterling, IL